

## Clinical Therapist/Mental Health Counseling

<p><b><u>Unified Mental Health Counseling Services</u></b>  <b>Director:</b> Dr. Tami Sullivan, LMHC, NCC, RPT-S  <b>Phone number:</b> (585)329-7853  <b>Address:</b> 12 Amity St. Spencerport, NY 14459  <b>Email:</b> <a href="mailto:unifiedcounselingservices@gmail.com">unifiedcounselingservices@gmail.com</a>  <b>Website:</b> <a href="http://drtamisullivan.com">http://drtamisullivan.com</a></p>	<p><b>Specialties:</b> Individual and group counseling for children, adolescents and adults; specializations - play therapy, EFT  <b>Insurance:</b> Some insurances accepted on a limited basis  <b>Sliding Fee Scale:</b> Yes</p>
<p>David G. Markham, LCSW-R  <b>Phone number:</b> (585)637-0040  <b>Address:</b> 58 Market St. Brockport, NY 14420  <b>Email:</b> <a href="mailto:davidgmarkham@gmail.com">davidgmarkham@gmail.com</a>  <b>Website:</b> <a href="https://www.davidgmarkham.com/">https://www.davidgmarkham.com/</a></p>	<p><b>Specialties:</b> Individual, couple, family, children &amp; adolescent counseling (age 4+)  <b>Insurance:</b> Does not accept  <b>Sliding Fee Scale:</b> Yes</p>
<p><b><u>Oak Orchard Health Services</u></b>  <b>Director of Behavioral Health:</b> Robin Govanlu, LMHC, LAC, LPC    Marissa Douglas LMHC-P  <b>Phone number:</b> (585)637-3905  For Marissa Douglas – ext. 271  <b>Address:</b> 300 West Ave. Brockport, NY 14420  <b>Email:</b> <a href="mailto:mdouglas@oochc.org">mdouglas@oochc.org</a>  <b>Website:</b> <a href="https://oakorchardhealth.org/">https://oakorchardhealth.org/</a></p>	<p><b>Specialties:</b> Individual, child-adolescent, primary-care, vision care, pediatric care, behavioral health  <b>Insurance:</b> Accepts most insurance (depends on age range with provider credentials)  Does not accept straight Medicare or Straight Medicaid  <b>Sliding Fee Scale:</b> Yes</p>
<p><b><u>The Porch Counseling Group</u></b>  Jeffery D. Snarr, PhD    <b>Phone number:</b> (585)637-6740  <b>Address:</b> 80 West Ave. Suite L-9, Brockport, NY 14420  <b>Email:</b> Prefers contact by phone  <b>Website:</b>  <a href="https://www.psychologytoday.com/us/therapists/jeffery-d-snarr-brockport-ny/490472">https://www.psychologytoday.com/us/therapists/jeffery-d-snarr-brockport-ny/490472</a></p>	<p><b>Specialties:</b> Individual, Mood Disorders and Family Conflict  <b>Insurance:</b> Does not accept Fidelis Insurance, straight Medicaid  <b>Sliding Fee Scale:</b> No</p>
<p><b><u>Gillette Psychotherapy &amp; Retreats</u></b>  Tracy Gillette, PhD, LMHC, MS, MA, NCC  <b>Phone number:</b> (585)617-4442  <b>Address:</b> 409 S. Union St. Spencerport, NY 14559  <b>Email:</b> Prefers contact by phone  <b>Website:</b>  <a href="https://www.psychologytoday.com/us/therapists/tracy-l-gillette-spencerport-ny/93702">https://www.psychologytoday.com/us/therapists/tracy-l-gillette-spencerport-ny/93702</a></p>	<p><b>Specialties:</b> Individual, child-adolescent, Reiki  <b>Insurance:</b> Accepts most insurances, See <b>Appendix A</b>  <b>Sliding Fee Scale:</b> Out of Network - Yes</p>

**Sandra Hope Counseling**

**Phone number:** 585-413-7774  
**Address:** 138 S. Union St. Spencerport, NY 14559  
**Email:** info@sandrahopecounseling.com  
**Website:** <https://www.sandrahopecounseling.com/>

**Specialties:** Individual, family and group supports, children, adolescent counseling (age 12+)  
**Insurance:** Does not accept  
**Sliding Fee Scale:** No

**Life Solutions Psychotherapy**

Patricia Kelsey, LCSW-R, CASAC

**Phone number:**  
585-225-9720  
**Address:** 20 Arcampus Dr. Rochester, NY 14612  
**Email:** mainoffice.erp@gmail.com  
**Website:** <https://www.lifesolutionspsychotherapy.com/>

**Specialties:** Individual, parent-child, and family therapy  
**Insurance:** Accepts most insurance - Does not accept straight Medicaid  
**Sliding Fee Scale:** No

**StageCoach Psychotherapy**

Orlee Stekel-Perna, LCSW-R

**Phone number:** 585-314-4944  
**Address:** Moved to Henrietta – call for address  
**Email:** ostekelperna@gmail.com  
**Website:**  
<https://www.stagecoachpsychotherapy.com/index.html>

**Specialties:** Child-adolescent mental health services  
**Insurance:** Excellus Blue Cross & Blue Shield Monroe Plan Aetna United Behavioral Health Child Health Plus Family Health Plus  
**Sliding Fee Scale:** No

**Restoration Counseling of Rochester**

Joyce Wagner, PhD., LCSW-R

**Phone number:** 585-733-9465  
**Address:** 95 Allens Creek Road, Building 1 Suite 301, Rochester, NY 14618  
**Email:** joyce@restorationcor.com  
**Website:** <http://restorationcor.com/>

**Specialties:** Individual, child-adolescent, EMDR  
**Insurance:** insurance reimbursable  
**Sliding Fee Scale:**

Brenda L. Bierdeman, PsyD

**Phone number:** 585-589-2315  
**Address:** 27 South Platt Street, Albion, NY 14411  
**Email:**  
**Website:**

**Specialties:** Clinical psychology, childhood behavioral and emotional disorders, sleep disorders, family conflict, depression, anxiety, stress, isolation, relationship issues, trauma, grief  
**Insurance:**  
**Sliding Fee Scale:**

Kelly Newby, PsyD, PLLC

**Phone number:** 585-448-0936  
**Address:** 2450 West Ridge Rd. Suite 303 Rochester, NY 14626  
**Email:**  
**Website:** <http://www.drkellynewby.com/index.php>

**Specialties:** Individual, child-adolescent, and family supports  
**Insurance:**  
**Sliding Fee Scale:**

**Silver Lining Counseling**

Emily Rein, LMHC

**Phone number:** 585-353-4977

**Address:** 48 South Main St. Churchville, NY 14428

**Email:** silverliningny@gmail.com

**Website:** <https://www.silverlinignny.com/>

**Specialties:** Individual, child and adolescent mental health services

**Insurance:**

**Sliding Fee Scale:**

Erin Hassall, LMFT, Registered Play Therapist

**Phone number:** 585-310-0434

**Address:** 85 S Union St Suite 206A, Spencerport, NY 14559

**Email:** ErinHassallLMFT@gmail.com

**Website**

**Specialties:** Family, child-adolescent (ages 5+), specializes in trauma, EMDR

**Insurance:** No, may be reimbursable

**Sliding Fee Scale:**

**Family Counseling & Mediation Services Inc.**

William Baxter, M. Ed., LMHC

Donna Baxter, M. Ed., LMHC

**Phone number:** 585-739-3715

**Address:** 24 West Ave. Suite 303, Spencerport, NY 14459

**Email:** williamfcms@gmail.com

**Website:** <http://fcmsrochester.com/>

**Specialties:** Family, individual, child-adolescent

**Insurance:**

**Sliding Fee Scale:** May be eligible for sliding fee program

**West End Psychotherapy**

**Phone number:** 585-225-9292

**Address:** 1800 English Rd., Rochester, NY 14616

**Email:** westendpsych@gmail.com

**Website**

**Specialties:** Child and adolescent counseling, individual, adult and family

**Insurance:**

**Sliding Fee Scale:**

Vince Ragonese, PsyD

**Phone number:** 585-225-5750

**Address:** 687 Lee Rd Suite 175, Rochester, NY 14606

**Email:**

**Website**

**Specialties:** Clinical psychology, children, adolescents, adults, and family

**Insurance:**

**Sliding Fee Scale:**

Melissa Bailey, LMHC

**Phone number:** 315-563-1545

**Address:** Tele-health for foreseeable future

**Email:** MBaileyLMHC@gmail.com

**Website:** None

**Specialties:** Children and adolescent, specializes in children and families, certified parent educator

**Insurance:** Cigna, Oscar, United Health Care, Out of Network

**Sliding Fee Scale:** Yes

<p>Dr. Elizabeth Doyne, PhD</p> <p><b>Phone number:</b> 585-454-3820  <b>Address:</b> 46 Prince St., Rochester, NY 14607  <b>Email:</b>  <b>Website:</b></p>	<p><b>Specialties:</b> Clinical psychology, children, adults, self-harm, autism, mental illness  <b>Insurance:</b>  <b>Sliding Fee Scale:</b></p>
<p>Peg DeBaise, LMFT, CT</p> <p><b>Phone number:</b> 585-683-9628  <b>Address:</b> 95 Allens Creek Rd., Rochester, NY 14618  <b>Email:</b>  <b>Website:</b></p>	<p><b>Specialties:</b> Marriage and Family Therapist, children and adolescents, grief counseling, physical illness and terminal diagnosis, anxiety, depression  <b>Insurance:</b>  <b>Sliding Fee Scale:</b></p>
<p>Dr. David Driscoll, PsyD</p> <p><b>Phone number:</b> 585-248-8740  <b>Address:</b> 1815 S. Clinton Ave, Suite 360, Rochester, NY 14618  <b>Email:</b>  <b>Website:</b></p>	<p><b>Specialties:</b> Clinical psychology, children, adolescents  <b>Insurance:</b> MVP, Excellus, Cigna, Aetna, Medicare  <b>Sliding Fee Scale:</b></p>
<p>Debbie Burke Gravetter, LCSW</p> <p><b>Phone number:</b> 585-415-4913  <b>Address:</b> 80 West Ave, Brockport, NY 14420  <b>Email:</b>  <b>Website:</b></p>	<p><b>Specialties:</b> Children, adolescents, adults  <b>Insurance:</b> All  <b>Sliding Fee Scale:</b></p>
<p>Karen McDermott, PhD</p> <p><b>Phone number:</b> 585-271-4030  <b>Address:</b> 120 Allens Creek Rd., Rochester, Ny 14618  <b>Email:</b> None  <b>Website:</b> None</p>	<p><b>Specialties:</b> Clinical psychology, children, adolescents, mood, anxiety  <b>Insurance:</b> Cigna, Aetna, Excellus  <b>Sliding Fee Scale:</b> No</p>
<p>Cristopher F. Pollack, PhD</p> <p><b>Phone number:</b> 585-586-9420  <b>Address:</b> 220 Linden Oaks, Suite 200, Rochester, NY 14625  <b>Email:</b> cfpollack@rochester.rr.com  <b>Website:</b>  <a href="http://www.cfpollackpsychology.com/index.html">http://www.cfpollackpsychology.com/index.html</a></p>	<p><b>Specialties:</b> Children (ages 5+), adolescent, family therapy, emotional and behavioral problems, anxiety, ADHD, depression, defiance, autism, Asperger's, divorce, self-esteem, bullying, medical issues  <b>Insurance:</b> Blue Cross, Excellus, Aetna, Cigna  <b>Sliding Fee Scale:</b> No</p>

<p>Madeleine Reynolds, LMHC</p> <p><b>Phone number:</b> 585-586-8433  <b>Address:</b> 46 Prince St., Rochester, NY 14607  <b>Email:</b> madeleine@madeleinereynolds.com  <b>Website:</b> <a href="https://www.madeleinereynolds.com/">https://www.madeleinereynolds.com/</a></p>	<p><b>Specialties:</b> Children, adolescents, chronically and terminally ill children, family, bereavement  <b>Insurance:</b> Excellus, Blue Cross Blue Shield, Aetna, Cigna  <b>Sliding Fee Scale:</b> No</p>
<p>Bree Scribner, LCSW, PLLC</p> <p><b>Phone number:</b> 585-200-3438  <b>Address:</b> 2300 East Ave, Suite 11, Rochester, NY 14610  <b>Email:</b>  <b>Website:</b></p>	<p><b>Specialties:</b> Child and adolescent (ages 11+), mood disorders, personality disorders, treats many issues  <b>Insurance:</b>  <b>Sliding Fee Scale:</b></p>
<p>Christine Steerman, PhD</p> <p><b>Phone number:</b> 585-292-9729  <b>Address:</b> 980 Westfall Rd., Rochester, NY 14618 &amp; Lima Location  <b>Email:</b> None  <b>Website:</b> <a href="https://www.christinesteerman.com/">https://www.christinesteerman.com/</a></p>	<p><b>Specialties:</b> Child and adolescent, OCD, hair pulling, skin picking, mindfulness, panic disorders, social anxiety, stress, many services offered  <b>Insurance:</b> Aetna, Cigna, Excellus  <b>Sliding Fee Scale:</b> No</p>
<p>Dr. Michael Teisl, PhD</p> <p><b>Phone number:</b> 585-953-4834  <b>Address:</b> 1577 South Ave, Rochester, NY 14620  <b>Email:</b>  <b>Website:</b></p>	<p><b>Specialties:</b> Children and adolescent, prefers preschool age, trauma  <b>Insurance:</b>  <b>Sliding Fee Scale:</b></p>
<p>Dr. Jennifer C. West, PhD</p> <p><b>Phone number:</b> 585-275-3607  <b>Address:</b> 601 Elmwood Ave, Rochester, NY 14642  <b>Email:</b>  <b>Website:</b></p>	<p><b>Specialties:</b> Children, Adolescent, Family, specializes in treatment of children with acute and chronic medical conditions, Asthma, Vocal Cord Dysfunction, Diabetes, Craniofacial Anomalies, Pain, Anxiety, Mood  <b>Insurance:</b>  <b>Sliding Fee Scale:</b></p>

## Agencies/Community Mental Health Services

<p><b><u>Tree of Life Counseling and Psychotherapy Services</u></b>  Mary Z. K. Macleod, PhD, LCSW-R</p> <p><b>Phone number:</b> 585-364-2050  <b>Address:</b> 95 Allens Creek Road, Bldg. 1, Suite 250,  Executive Square Rochester, NY 14616 // 85 South  Union St. Suite 206 , Spencerport, NY 14559  <b>Email:</b> Treeoflifecounselingservice@gmail.com  <b>Website:</b> <a href="https://treeoflifecounseling.com/">https://treeoflifecounseling.com/</a></p>	<p><b>Specialties:</b> Individual, Child-Adolescent, Family  <b>Insurance:</b>  <b>Sliding Fee Scale:</b></p>
<p><b><u>Greece Behavioral Health Center</u></b>  Anca Seger, MD</p> <p><b>Phone number:</b> 585-368-6700  <b>Address:</b> 100 Pinewild Dr., Suite A, 2<sup>nd</sup> Floor,  Rochester, NY 14606  <b>Email:</b> <a href="mailto:Link@rochesterregional.org">Link@rochesterregional.org</a>  <b>Website:</b>  <a href="https://www.rochesterregional.org/Locations/Mental-Health/Unity-Mental-Health-Greece">https://www.rochesterregional.org/Locations/Mental-Health/Unity-Mental-Health-Greece</a></p>	<p><b>Specialties:</b> Behavioral and Mental Health Services, Psychiatry and Addiction Medicine  <b>Insurance:</b> Accepts most insurances, See Appendix B  <b>Sliding Fee Scale:</b> No</p>
<p><b><u>Agape Counseling Associates</u></b>  <b>Clinical Director:</b> Jacquie Morrison, LCSW</p> <p><b>Phone number:</b> 585-385-6030  <b>Address:</b> 21 Willow Pond Way, Suite 103, Penfield,  NY 14526 // 4322 Buffalo Rd., North Chili, NY 14526  (Peace Church) // 1100 Long Pond Rd., Suite 222,  Rochester, NY 14626  <b>Email:</b> <a href="mailto:info@agaperoc.org">info@agaperoc.org</a>  <b>Website:</b> <a href="https://www.agaperoc.org/">https://www.agaperoc.org/</a></p>	<p><b>Specialties:</b> Christian-based Counseling  <b>Insurance:</b> No  <b>Sliding Fee Scale:</b> Yes</p>
<p><b><u>Catholic Family Center</u></b></p> <p><b>Phone number:</b> 585-546-7220  <b>Address:</b> 87 N Clinton Ave, Rochester, Ny 14604  <b>Email:</b> <a href="mailto:cfc@cfcrochester.org">cfc@cfcrochester.org</a>  <b>Website:</b> <a href="https://www.cfcrochester.org/">https://www.cfcrochester.org/</a></p>	<p><b>Specialties:</b> Works with vulnerable populations and those experiencing poverty, Child-Adolescent (ages 5+), Adult  <b>Insurance:</b>  <b>Sliding Fee Scale:</b></p>
<p><b><u>Liberty Resources Behavioral Health Center</u></b></p> <p><b>Phone number:</b> 585-410-3370  <b>Address:</b> 175 Humbolt St., Suite 100, Rochester, NY 14510  <b>Email:</b> Form on Website  <b>Website:</b> <a href="http://www.liberty-resources.org">www.liberty-resources.org</a></p>	<p><b>Specialties:</b> Child-adolescent, Adult, Holistic Health  <b>Insurance:</b>  <b>Sliding Fee Scale:</b></p>

**St. Joseph's Neighborhood Center Inc.**

**Phone number:** 585-325-5260

**Address:** 417 South Ave, Rochester, NY 14620

**Email:** Form on Website

**Website:** <https://www.sjncenter.org/>

**Specialties:** Individual, Family, Group, Psychiatry

**Insurance:**

**Sliding Fee Scale:** Yes

The Counseling and Community Services Program of the Center provides psychiatry and counseling services

**University of Rochester Golisano Children's Hospital Pediatric Behavioral Health and Wellness**

**Phone number:** 585-279-7800

**Address:** 601 Elmwood Ave, Rochester, NY 14642

**Email:** None

**Website:** <https://www.urmc.rochester.edu/childrens-hospital/behavioral-health-wellness.aspx>

**Specialties:** Child-Adolescent, Depression, Anxiety, Attention Deficits, Behavioral Problems, Emotionally Disturbed Children and Adolescents

**Insurance:**

**Sliding Fee Scale:**

**Spiritus Christi Mental Health Center**

**Director:** Amy Durkee, MHC-LP

**Phone number:** 585-325-1186

**Address:** 121 North Fitzhugh St., Rochester, NY 14614

**Email:** None

**Website:** <https://www.smentalhealth.org/>

**Specialties:** Child-Adolescent, Adult, various forms of therapy available

**Insurance:** Free Mental Health Services for the Uninsured

**Sliding Fee Scale:** No

**Linden Oaks Specialized Assessment and Treatment Services (LOSATS)**

**Phone number:** 585-586-6840

**Address:** 100 Linden Oaks, Suite 200, Rochester, NY 14625

**Email:**

**Website:** <https://www.losats.com/>

**Specialties:** Child-Adolescent, Individual, Group, Trauma, Sexual Exploitation, Human Trafficking

**Insurance:**

**Sliding Fee Scale:**

**Children's Institute**

**Phone number:** 585-295-1000

**Address:** 274 N. Goodman St., Suite D103, Rochester, NY 14607

**Email:**

**Website:** <https://www.childrensinstitute.net/>

**Specialties:** Children and Adolescent programs and various mental health services, supports healthy social and emotional development

**Insurance:**

**Sliding Fee Scale:**

## Psychiatrists/Community Child and Adolescent Psychiatrists

<p>Christine <b>Chuscicki</b>, MD          Affiliated with Strong Memorial Hospital of the University of Rochester</p> <p><b>Phone number:</b> 585-643-1415  <b>Address:</b> 141 Sully's Trail, Suite 5B, Pittsford, NY 14534  <b>Email:</b> None  <b>Website:</b> None</p>	<p><b>Specialties:</b> Psychiatry, Depression, Anxiety, Substance Abuse, Schizophrenia, Child and Adolescent Psychiatry, General Psychiatry, Psychopharmacology  <b>Insurance:</b> Excellus, BlueCross BlueShield, <b>Cigna, Aetna</b>, No managed care option, Medicaid  <b>Sliding Fee Scale:</b> No</p>
<p>Joseph <b>Chircicki</b>, MD</p> <p><b>Phone number:</b> 585-643-1415  <b>Address:</b> 141 Sully's Trail, Suite 5B, Pittsford, NY 14534  <b>Email:</b> None  <b>Website:</b> None</p>	<p><b>Specialties:</b> Psychiatry, OCD, Anxiety, Anorexia, PTSD, Eating Disorders, Adult, Child and Adolescent Psychiatry, Medication Management and CBT combined  <b>Insurance:</b> Excellus, BlueCross BlueShield, <b>Cigna, Aetna</b>, No managed care option, Medicaid  <b>Sliding Fee Scale:</b> No</p>
<p>Bernie Kumetat, MD</p> <p><b>Phone number:</b> 585-377-3115  <b>Address:</b> 300 Cross Key Office Park, Suite 304, Fairport, NY 14450  <b>Email:</b> None  <b>Website:</b> None</p>	<p><b>Specialties:</b> Child and Adolescent Psychotherapy  <b>Insurance:</b> Excellus, Aetna, Cigna, Meritain  <b>Sliding Fee Scale:</b> No</p> <p>*Telehealth only</p>
<p><b><u>Penfield Psychiatry/Fingerlakes Psychiatry</u></b></p> <p><b>Phone number:</b> 585-388-6000  <b>Address:</b> 101 Canal Landing Boulevard, Suite 10, Rochester, NY 14526  <b>Email:</b> info@penfieldpsych.com  <b>Website:</b> https://penfieldpsych.com/</p>	<p><b>Specialties:</b> Child, Adolescent, and Adult Psychiatry, Psychotherapy, Medication Consultation and Prescribing, Neuropsychological Testing  <b>Insurance:</b> Accepts most insurances, See <b>Appendix C</b>  <b>Sliding Fee Scale:</b> No</p>



## Alcohol and Substance Use Services

### **Open Access Delphi Rise**

**Phone number:** 585-467-2230 X432

**Address:** 835 W. Main St., Rochester, NY 14611

**Email:** mladuca@delphirise.org

**Website:** <https://delphirise.org/>

**Specialties:** Child, Adolescent, Addiction and/or Substance Abuse Treatment and Counseling, Domestic Violence

**Insurance:** Accepts most insurances, See **Appendix D**

**Sliding Fee Scale:** Based on Income

\*Open Access 24/7 on the spot evaluations

\* No one is turned away if no insurance

## Adolescent Residential Services

<p><b>Villa of Hope</b></p> <p><b>Phone number:</b> 585-865-1550 <b>Address:</b> 3300 Dewey Ave, Rochester, NY 14616 <b>Email:</b> Form on Website <b>Website:</b> <a href="https://www.villaofhope.org/">https://www.villaofhope.org/</a></p>	<p><b>Specialties:</b> Adolescent, Adult, Trauma, Alcohol and Substance Use, Holistic Care <b>Insurance:</b> Life Residential: Medicaid, Managed Care, Private Insurance, Self-Pay <b>Sliding Fee Scale:</b> Yes <b>Prevention:</b> Free of Cost</p>
<p><b>Hillside Family of Agencies</b></p> <p><b>Phone number:</b> 585-256-7500 <b>Address:</b> 1 Mustard St., Rochester, NY 14609 (Community Based) // 555 Avenue Dr., Rochester, NY 14621 (Family Resource Center) <b>Email:</b> <a href="mailto:info@hillside.com">info@hillside.com</a> <b>Website:</b> <a href="https://www.hillside.com/">https://www.hillside.com/</a></p>	<p><b>Specialties:</b> Child, Adolescent, Various Health Services <b>Insurance:</b> For many services, there is no fee to the family. In some cases, eligible families may receive services as covered by Medicaid. Private donations from individuals, businesses, and foundations provide essential support that advances Hillside <b>Sliding Fee Scale:</b> No</p>
<p><b>The Center for Youth</b></p> <p><b>Phone number:</b> 585-473-2464 <b>Address:</b> 905 Monroe Ave, Rochester, NY 14620 <b>Email:</b> <a href="mailto:info@centerforyouth.net">info@centerforyouth.net</a> <b>Website:</b> <a href="https://www.centerforyouth.net/">https://www.centerforyouth.net/</a></p>	<p><b>Specialties:</b> Crisis Counseling, Transitional Housing, Emergency Shelter, Triage Counseling, Counseling Walk-Ins <b>Insurance:</b> N/A: Donations and volunteering from community <b>Sliding Fee Scale:</b> No</p>

## **Appendix A**

### **Insurances Accepted**

- Aetna | Aetna Coventry
- Anthem
- Beacon Health Options
- Blue Cross
- Blue Shield
- BlueCross and BlueShield BlueShield
- BlueShield of Northeastern NY
- Cigna
- Empire BlueCross BlueShield
- Employee Assistance Plans
- Excellus BlueCross BlueShield
- Fidelis
- Highmark BlueCross BlueShield of WNY
- MHN | Health Net
- MHNet Behavioral Health
- MVP Health Care
- Medicaid
- Military OneSource
- Optum
- United Health Care
- UHN | UBH Univera
- More: ask for others

## **Appendix B**

- Aetna Healthcare
- Aetna Medicare Advantage Plan
- BCBS Western NY
- Cigna Healthcare
- ElderONE
- Emblem Health
- The Empire Plan (United Healthcare)
- Excelsus BlueCross BlueShield
- Fidelis Care
- Fidelis Care Medicare Plans
- First Niagara Business Works (Key Insurance)
- Independent Health Commercial/Medicare
- Lifetime Benefits (RMSCO)
- Magnacare
- Martin's Point (US Family Health Plan)
- Medicare
- MetraComp
- Multi Plan
- MVP Healthcare
- NY Medicaid
- Promco
- TriCare
- United Healthcare
- Univera Healthcare
- Beacon Health (Value Options) Behavioral Health
- Veterans Administration (VA)
- Wellcare of NY/Today's Option
- Molina Healthcare of NY (formerly YourCare)

## Appendix C

### Insurances Accepted

- Aetna (AETNA)
- BlueCross BlueShield Alcohol w/ Medicaid Back U (EXCALCMCD)
- Cigna (CIGNA)
- Excellus BlueCross BlueShield
- Excellus BlueCross BlueShield Essential Plan (EXCESSAL)
- Excellus Blue Choice Option
- Fidelis Care Essential Plan
- FIDELIS Medicaid
- Medicare
- Meritain Health
- MVP Cigna
- MVP Commercial
- MVP Health Plan, Inc
- NYS Medicaid
- United Health Care Medicaid
- United Health Care Medicare
- United Health Care of NY Inc
- Value Options (BEACON)
- Wellcare
- Yourcare Healthplan, Inc

## **Appendix D**

### **Insurances Accepted**

- Excellus BlueCross BlueShield
- Excellus Blue Choice Option
- Aetna
- Lifetime Benefit Solutions

### **Insurances NOT Accepted**

- MVP
- Fidelis
- United Health Care
- Medicare
- Tricare
- Martins Point
- Independent Health
- BlueCross BlueShield of WNY